



British Mental Health Experts gather in Dubai for Psychopharmacology Masterclass

ACPN and experts from the British Association of Psychopharmacology discuss the latest developments in psychiatry

Dubai: The 3rd Annual Psychopharmacology Masterclass at Conrad Dubai brought together British experts from the field of psychiatry, and psychopharmacology. Organized by the American Center for Psychiatry and Neurology, the 2-day program featured speakers from the British association of psychopharmacology, the President of the Royal College of Psychiatrists and ACPN discussing the latest developments in treatment of disorders such as anxiety, bipolar, depression, schizophrenia, OCD, and addictions. Topping the agenda were diagnostics and evidence-based strategies for pharmacological and non-pharmacological treatments of mental illnesses in adults, children & adolescents.

Dr. Samer Makhoul, Chairperson of the 3rd Masterclass in Psychopharmacology highlighted the greater need to assemble inclusive and collaborative care from all levels of the healthcare sphere.

“The psychopharmacology masterclass takes a helicopter view of mental health disorders and is focused on educating psychiatrists from the region. This, without a doubt, will improve the quality care we deliver to our patients in the UAE and the GCC region.”

He added that the intent was to fill the gap for enabling deeper understanding of mental health disorders among a wider array of medical professionals. “Being an active part of the community here in the UAE, we felt the need to build on community awareness initiatives alongside our CPDs for healthcare professionals.” stated Dr. Makhoul.

The speakers emphasized on maintaining balance in long-term recovery associated with psychopharmacology. The President of the Royal College of Psychiatrists, Professor Wendy Burn emphasised in her keynote speech about the importance of environment and social support to patients with mental health problems and their road to recovery. Also, Mr. Andrew Jackson, Her Majesty’s Consul General for the British embassy in Dubai and Northern Emirates highlighted the importance of mental health and the UK/ UAE collaboration to improve the health in both the UK and UAE during his speech at the opening ceremony. The 3rd Masterclass Psychopharmacology organized by American Center for Psychiatry and Neurology was held from 16th to 18th January 2020 at the Conrad Dubai. The conference was accredited by the European Accreditation Council for Continuing Medical Education, Dubai Health Authority, and the Department of Health - Abu Dhabi. The masterclass series are aimed at developing a collaborative approach among the healthcare fraternity in the UAE to combat mental health disorders.



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American Center for Psychiatry and Neurology is the premier specialist provider of mental and neurological healthcare in the UAE. Established in 2008, it has presence in Abu Dhabi, Al Ain, and Dubai. ACPN has provided medical intervention and rehabilitation to over 60,000 patients over the years through its numerous clinics and mental health practitioners in the Emirates.