



International mental health and neurology experts discussed the latest in medical and therapeutic intervention for adults and children.



## ACPN in collaboration with University of Chicago & American University of Beirut Medical Center holds 7th Neuroscience Updates Congress in Abu Dhabi

Advancements in mental health and neuroscience on the agenda of the: 7th Neuroscience Updates Congress, Abu Dhabi

Abu Dhabi: As a result of the increasing regional need to address mental health and neurological chronic care in adults and children, the 7th Neuroscience Updates Congress gathered healthcare experts from the field of psychiatry, neurology, and psycho-pharmacology to tackle the current hot topics.

The conference covered a broad range of themes from management of chronic conditions such as schizophrenia, epilepsy, multiple sclerosis as well as other psychological conditions in children and adults. Updates in psychopharmacological treatment in various disorders were also discussed to highlight the latest developments in the field of medicine.

Dr. Taoufik Alsaadi, Chief Medical Officer at American Center for Psychiatry and Neurology, stressed that the global increase in neurological disorders has significant effects on central and peripheral nervous systems of the body, causing various psychiatric and neurological syndromes. He further added that neurological disorders affect children, adolescents, adults and the elderly in different ways.

*“The burden of these disorders is quite significant interfering with patients’ daily lives and their ability to function as part of society”, he said.*

Dr. Alsaadi stated that healthcare providers have a major responsibility to play in the healthcare ecosystem and should be fully aware of the magnitude of neurological and psychiatric disorders and their impact on individuals as well the society at large.

“Our intent with the 7th Neuroscience Updates Congress is to build and share knowledge and insights from regional and international experts in psychiatry and neurology”, he added.

American Center for Psychiatry and Neurology in collaboration with University of Chicago and American University of Beirut Medical Center hosted the 7th Neuroscience Updates Congress at the Sofitel, Abu Dhabi from



26th to 28th September 2019. The conference is accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for a maximum of 10 European CME credits (ECMEC®s) and 8.75 CME hours from DOH. The conference shed light on important challenges in the field of neuroscience and mental health disorders and brought the latest advances in the field of medical intervention to the fore to medical practitioners in the UAE and GCC.



The American Center for Psychiatry and Neurology (ACPN) hosted the 1st International Eating Disorders and Obesity conference On Saturday 28th September 2019 in association with MEEDA (Middle Eating Disorders Association), the international Academy for Eating Disorders (AED), and the Italian Academy for eating and weight disturbance (AIDAP).



The event featured top national and international experts in the field of Eating Disorders and Obesity, including Dr Eva Trujillo, the previous AED President and Dr. Riccardo Dalle Grave, the founder of AIDAP.

The conference covered the available resources to care for Eating Disorders and Obesity cases in the middle-east and touched on various advanced topics, such as the latest guidelines, recommendations and updates on the latest evidence-based approaches to manage both conditions.

The conference was a great success, with more than 150 delegates, coming from all over the Middle-East (Saudi-Arabia, Egypt, Lebanon, Kuwait, Jordan and Palestine), and from abroad (Italy, the Netherlands and Mexico).

This event marks an important milestone in the efforts of ACPN and MEEDA to raise awareness about these disorders and offer training opportunities to professionals and health care providers in the region on the importance of applying evidence-based treatments in the management of Eating

Disorders and Obesity. It has also shed light on this heavily under-recognized problem in our region and calls on all stakeholders to address this huge gap of medical care in the society.

The great attendance, rich interaction and interest amongst attendees reflect the success of this event. It demonstrates the great need of the medical community to work hard to increase awareness on this topic and, calls for similar events in the future. The conference is accredited by Department of Health for 5 CME hours.

American Center for Psychiatry and Neurology is the premier specialist provider of mental and neurological healthcare in the UAE. Established in 2008, it has presence in Abu Dhabi, Al Ain, and Dubai. ACPN has provided medical intervention and rehabilitation to over 60,000 patients over the years through its numerous clinics and mental health practitioners in the Emirates.