

ACPN HOSTED THE 2ND MASTERCLASS IN PSYCHO-PHARMACOLOGY IN THE UAE



The American Center for Psychiatry and Neurology proudly hosted the 2nd Masterclass in Psychopharmacology on 17th – 19th of January 2019 at the Conrad Hotel, Dubai.

The conference was officially opened by the Congress Chairman, Dr. Samer Makhoul, the Deputy Chief Medical Officer and Head of Psychiatry Department for ACPN, who mentioned “this conference has 2 important goals: 1) It is exclusively being carried out by Doctors and specialists from the UK – The Royal College of Psychiatrists.

These Doctors/ Specialists do not normally participate in such events outside the UK. Moreover, the UK is known for being the number 1 country when it comes to treating psychiatric issues in the world. That is the first important goal, that we are attracting the experts directly to the UAE rather than having our psychiatrists go to the UK.”



“The second point is that the medical practice of psychiatry is one of the most rapidly developing practices that evolves daily” - Dr. Makhoul

“The conference is being held over a 2-day period, and in it, we address how to deal with many disorders including: Depression, bipolar disorder and Schizophrenia. Today, we are honored to have amongst us the number 1 specialist in developing new treatments for psychiatric patients, he has introduced a brand-new treatment called ketamine and it will be readily available after 2 years.

Ketamine treats depression and suicidal thoughts that reflect positive results within 4 hours rather than the regular 2 to 3-week time frame. Furthermore, treating women who are pregnant or those who have given birth recently which would benefit both our patient and their child”, concluded Dr. Makhoul.



WARM WELCOME



Jessica Anders
Psychologist
Abu Dhabi Branch

Mrs. Jessica Anders is a Clinical Psychologist at ACPN. Mrs. Anders obtained her Master’s degree (M.Sc.) in Forensic Psychology from the University of Maastricht, the Netherlands in 2013. She also completed her Bachelor’s degree in Psychology from the same University in 2008. Mrs. Anders holds a license to practice psychology in Germany (PsychThG). She also completed certification in Sexual Therapy at the Berlin School of Sexual Health (BSSH) in 2015. Before joining ACPN, Mrs. Anders worked as psychologist in various settings, including a forensic hospital, psychiatric settings (inpatient and outpatient treatment) and an emergent care setting for sexual disorders. She also participated in various national and international conferences and gave lectures on topics such as sexual preference disorders (paraphilia) and sexually deviant behavior. Her ongoing interest in the field of teaching and medical practice factored into her expanded view of taking on roles in psychotherapy in foreign countries. Mrs. Jessica joined American Center for Psychiatry and Neurology and now seeing patients in Abu Dhabi Branch. [Read more](#)



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