

UAE'S FIRST SPECIALIZED UNIT SET TO HELP THOSE WITH EATING DISORDERS



Eating Disorders have become a growing concern in the Middle-Eastern community. Though the exact cause is unknown, it is generally believed that a variety of factors including genetics, environmental, cultural and psychosocial aspects contribute to the development of this illness.

Anorexia nervosa, bulimia, and overeating disorders can have numerous symptoms such as –

- Adherence to increasingly strict diets, regardless of weight
- Secretly bingeing on large quantities of food
- Increase in consumption of laxatives or diet pills
- Exercising extensively, often several hours per day

Committed to educating, preventing and assisting those in need, the American Center for Psychiatry and Neurology has launched the first specialized comprehensive evidence-based eating disorders outpatient service in the country. Available in both Abu Dhabi and Dubai branches, this is the first facility to offer an effective solution for patients living in the Middle East that wish to receive treatment without having to leave his/her environment.

Commenting on the launch, Carine El Khazen Hadati, Clinical Psychologist, Eating Disorders Practitioner and the Director of Eating Disorder Program at American Center for Psychiatry and Neurology, said,



“With our regular and intensive outpatient program offering medical, nutritional, psychological and psychiatric care, we will be able to treat any type of eating disorders whether mild or severe. The introduction of this program offers patients an affordable and effective treatment option to those who are unable to travel. It also dismisses sufferers from having to travel abroad to attend in-patient specialized care while having to deal with separation from loved ones, adaptation to a new environment, stigma and financial cost- that will have detrimental repercussions on the overall prognosis.”



For more information on our Eating Disorders Program, Call 800 ACPN (2274) or email info@americancenteruae.com



MESSAGE FROM THE CEO



As the New Year dawns, I hope it is filled with the promises of a brighter tomorrow.

Happy New Year everyone!

Dr. Yousef Abou Allaban, MDA MBA, ABPN - CEO

Reflecting on the achievements of our past year, we have introduced many programs and expanded our services to enhance the ACPN experience for patients. These include the expansion of our pediatric services, the introduction of multi-disciplinary programs on Multiple Sclerosis and Eating Disorders, and our grand opening of our Al-Ain Branch. All but small steps on our goal to become the leading Behavioral and Neurological health care provider in the region.

With God Blessings; we have succeeded in bringing back happiness and mental wellness to more than 60,000 people in the UAE and GCC region, our patients' satisfaction indicators have hit record highs, and our most priceless asset, our employees, revel in being a part of The American Center Family.

Our aspirations for next year are to continue instilling hope in the hearts of many children, adults,

and families, enhance the quality healthcare that we promise to deliver, and continuously provide state of the art healthcare and treatment in the region.

I would personally like to thank all our valued patients who have placed their trust in the American Center. I would also like to thank and acknowledge our employees for their dedication and energy - we couldn't have been where we are now without their tremendous hard work.

The year 2017 marks our 9th year of "Credibility and Quality" services in the field of Neuroscience healthcare. We will continue to work hard to earn your trust so whenever you need support, The American Center for Psychiatry and Neurology will always be your first choice.

Wishing you all a harmonious, healthy and successful 2017.



مركز بوسطن للأسنان
BOSTON DENTAL CENTER

A Warm Welcome!

Dr. Salam Al-Haj Hussin, DDS, MSc



Specialist Oral Maxillofacial Surgeon

