

SPECIAL EDITION



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Newsletter

AMERICAN CENTER FOR PSYCHIATRY AND NEUROLOGY



ACPN HOSTS THE 4TH NEUROSCIENCE UPDATES CONGRESS IN THE UAE

Healthcare community to pay more attention to Psychiatry, Neurology, Psychology, Rehabilitation and children services



The American Center for Psychiatry and Neurology (ACPN) officially welcomed attendees at the 4th Neuroscience Updates Congress on 27th May and 3rd June 2016 at the Shangri-La Hotel in Dubai and Jumeirah Hotel at Etihad Towers respectively.

The inaugural event brought together neuroscientists and healthcare professionals from across the Middle East in an effort to improve the level of medical practice in the field of Mental Health and Neuroscience. The congress was designed as an educational resource to help healthcare professionals learn from experts, collaborate with peers, and explore the latest updates in the diagnosis and management of the most common mental health and neuroscience disorders in the UAE.

The 4th Neuroscience Updates Congress was officially opened by the Congress chairman, Dr. Taoufik Alsaadi, the Chief Medical Officer for ACPN, who mentioned "the event is an important opportunity for UAE's health sector to showcase its advances in the field."



"Significant conferences, similar to this event, enhance our collective knowledge of what works best in medical practice, and support our drive towards innovative, recovery-oriented programs and services."

- Dr. Taoufik Alsaadi

"The conference brings together leaders across the mental health field and related sectors where mental health has had an impact. This year's plenary sessions will address a broad range of topics facing all healthcare providers in their daily practice, in the hope to improve the level of medical practices and, ultimately, improve the quality of lives in our patients."

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The 4th Neuroscience Updates Congress hosted four sessions across Mental Health and Neuroscience disorders with presentations from leading neuroscientists. Topics included multiple sclerosis, epilepsy updates, cerebral

palsy, epilepsy and cognition, the importance of sleep, social anxiety, anxiety updates, body image, weight management, workplace bullying, and psychological approaches to managing addiction.

The congress is another way that ACPN aims to bring together professionals from a variety of disciplines to develop a collaborative approach to providing care for UAE citizens and residents. The event has grown steadily over the last three years, with more than 250 in attendance.

"We are bringing together people who work in different practices to learn from each other and, more importantly to learn a better way to practice by combining all that we have to share," concluded Dr. Alsaadi.



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We look forward to welcoming you again on the 5th Neuroscience Updates Congress 2017. www.neuroscienceupdates.com

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